



# Guia de Nutrição Clínica no Adulto (Guias de Medicina Ambulatorial e Hospitalar da Unifesp-EPM) (Portuguese Edition)

*Lilian (coord.) Cuppari*

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A terceira edição do *Nutrição Clínica no Adulto* oferece ao leitor uma obra cuidadosamente revisada, atualizada e ampliada. Alguns capítulos foram totalmente reescritos. Outros, importantes para a prática clínica, foram incorporados a fim de enriquecê-la ainda mais, como “Exercício físico e nutrição na prática clínica”, “Transtornos alimentares” e “Intolerância à lactose e alergia alimentar”.

Elaborados por renomados pesquisadores e profissionais atuantes em suas respectivas áreas, os capítulos apresentam-se com aprofundamento científico, mas de forma didática de modo que facilitem a aplicação prática dos conceitos pelo leitor.

A obra está organizada em 23 capítulos, que foram divididos em Nutrição Básica, Nutrição em Condições Clínicas Específicas e Terapia Nutricional, com os objetivos de atualizar o profissional da área e atender as demandas dos estudantes de Nutrição.

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