



# The Quick-Reference Guide to Counseling Teenagers

*Tim Clinton, Chap Clark*

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Youth culture changes rapidly, so those in the position to counsel and advise teens often find themselves ill-informed and ill-prepared to deal with the issues that youth routinely encounter today. The *Quick-Reference Guide to Counseling Teenagers* provides the answers.

This A-Z guide gives pastors, counselors, youth workers, and parents the information they need to help congregants, clients, and children with their most important relationships. The many issues addressed include:

- culture and media influence
- sexuality
- stress
- drugs and alcohol
- parent-adolescent relationships

Each of the forty topics covered follows a helpful eight-part outline and identifies typical symptoms and patterns, definitions and key thoughts, questions to ask, directions for the conversation, action steps, biblical insights, prayer starters, and recommended resources.

"Today's youth are searching. This quest for authenticity inevitably leads them down problem paths. For those connecting with teens and their unique needs, this comprehensive counseling guide offers insights and help for dealing with the whole range of medical, psychological, and communication problems."--Dr. Josh D. McDowell, bestselling author and speaker

"With hurt and brokenness on the rise in today's youth culture, those called to minister to and serve adolescents cannot be overprepared for the intervention opportunities that will come their way. This guide should be placed on your counseling shelf with others that need to be no more than an arm's length away."--Dr. Walt Mueller, president, Center for Parent/Youth Understanding

"If you do any type of counseling or ministry with teenagers whatsoever, you will need this book. It's easy to use and provides great starter questions and resources for further study."--Leslie Vernick, LCSW, counselor, speaker, and author of *The Emotionally Destructive Relationship*

Tim Clinton (EdD, The College of William and Mary) is president of the American Association of Christian Counselors (AACC), executive director of the Center for Counseling and Family Studies, professor of counseling and pastoral care at Liberty University and Liberty Baptist Theological Seminary, and a licensed professional counselor.

Chap Clark (PhD, University of Denver) is vice provost for master's programs and professor of youth, family, and culture at Fuller Seminary; senior editor of *Youthworker Journal*; and the author of several books on adolescence, parenting, and youth ministry, including the bestselling *Hurt: Inside the World of Today's Teenagers*.

Joshua Straub (PhD, Liberty University) currently serves as director of member relations for the American

Association of Christian Counselors (AACC) and teaches at Liberty University.

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