



Five Steps to Breaking Free from Porn

Joe Dallas

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Porn has become so commonplace, even among Christians, that its use has woven itself into the daily lives of countless men and women, disrupting marriages and short-circuiting believers' effectiveness for God. Users of pornography know their habit is wrong, but they ask, "What can I do to stop? How do I say no when porn tempts me?" Author Joe Dallas has worked for more than 25 years with Christian men caught in the porn trap and has developed a five-step plan for breaking the cycle and developing a practical structure anyone can implement to keep himself from the destructiveness of pornography. This concise and user-friendly manual is a must-have for the modern Christian man wanting to make a clean break from porn. With an emphasis on biblically-based principles, Five Steps to Breaking Free from Porn points the way to freedom and gives readers the tools they need to put the porn habit behind them forever.

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