



From China to Vietnam: A food journey along the Mekong River

Luke Nguyen

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From China to Vietnam is an evocative culinary adventure that explores Asia's most famous river. Starting in south-west China and journeying through Myanmar, northern Thailand, Laos and Cambodia, before meandering down to the vast Mekong Delta in Vietnam, **Luke Nguyen** immerses himself in the cultures and communities who depend upon this life-giving river. Along the way he discovers the local cuisines and learns the heart-warming stories from the people he meets.

Filled with stunning photography and authentic recipes from each region, *From China to Vietnam* captures the true essence of this magnificent river: its people, food, culture and beauty.

Luke Nguyen is the owner of Sydney's famous Red Lantern restaurants. He has written four previous cookbooks and is the presenter of several SBS cooking shows, including *Luke Nguyen's Greater Mekong*, the companion to this book. Luke currently splits his time between Sydney and Vietnam.



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