



Lonely: A Memoir

Emily White

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In a boldly honest and elegantly written memoir—the first on this topic—Emily White reveals the painful and sometimes debilitating experience of living with chronic loneliness. In the vein of popular favorites such as *Girl, Interrupted* and *Manic*, *Lonely* approaches loneliness in the way that Andrew Solomon's *The Noonday Demon* approached depression, and lifts the veil on a mostly ignored population who often suffer their disorder in silence.

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