



# Solitude: A Philosophical Encounter

*Philip Koch*

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## **Solitude: A Philosophical Encounter** Philip Koch

In Koch's *Solitude*, both solitude and engagement emerge as primary modes of human experience, equally essential for human completion. This work draws upon the vast corpus of literary reflections on solitude, especially Lao Tze, Sappho, Plotinus, Augustine, Petrarch, Montaigne, Goethe, Shelley, Emerson, Thoreau, Whitman and Proust.

"Koch uses the work of philosophers, historians, and writers, as well as texts such as the Bible, to show what solitude is and isn't, and what being alone can do to and for the individual. Interesting for its literary scope and its conclusions about all the good true solitude can bring us."

—*Booklist*

"Reading this book is like dipping into many minds, fierce and gentle. The author reveals his long study of great philosophers, and interprets their thoughts through the lens of his own experience with solitude. He traces our early brushes with solitude and the fear it can engender, then the craving for solitude that comes with full, adult lives."

—*NAPRA Review*

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Playing with family inside a park, coming to see the marine world or hanging out with buddies is thing that usually you might have done when you have spare time, then why you don't try thing that really opposite from that. 1 activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Solitude: A Philosophical Encounter, you may enjoy both. It is very good combination right, you still need to miss it? What kind of hangout type is it? Oh seriously its mind hangout fellas. What? Still don't buy it, oh come on its known as reading friends.

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