



Una vita low cost (Autobiografico) (Italian Edition)

Mengoli Marco

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Una vita low cost è un manuale semiserio che insegna come sopravvivere felicemente alla crisi economica. Marco Mengoli, si dichiara fin dall'inizio del libro un "devoto del risparmio", non particolarmente destabilizzato dall'avvento della crisi, perché già ben allenato a tenere tutti quei comportamenti che un non consumista deve avere, e soprattutto molto incuriosito dalla dilagante mania del low cost.

L'autore si chiede però se questa moderna filosofia offra davvero la possibilità di mantenere inalterati i consumi pur riducendo le spese, oppure se si tratti semplicemente di un'esca per abbindolare i compratori. La risposta a questa domanda è il libro stesso, nel quale, in una carrellata sempre ironica ma mai priva di preziosi spunti pratici, vengono passati in rassegna un po' tutti gli ambiti della vita che possono avere una loro versione low cost. Non solo quelli che più facilmente ci si aspetta, come la spesa al supermercato o i viaggi, ma anche quelli impensabili, come la religione o l'amore.

Una lettura che Mengoli stesso definisce "piacevole e a tratti anche surreale", un vademecum per provare, con il sorriso sulle labbra, a vivere senza sperperare



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