



Las recetas de El Comidista (Spanish Edition)

López Iturriaga Mikel

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Un libro de recetas fáciles y chulas por Mikel López Iturriaga, el autor del blog más visitado de *El País*.

Después de leer este libro ya no tendrás excusas para no cocinar.

¿Otro libro de cocina? Pues no, este NO es otro libro de cocina. Estamos ante un libro distinto, único, inigualable: un volumen que incluye las mejores recetas de *El Comidista*, uno de los blogs gastronómicos más conocidos de España.

Divertido, accesible y lleno de ideas diferentes. Un acercamiento apasionado a la cocina sin pretensiones ni ínfulas gastronómicas, sino con desenfado, curiosidad y mucho humor. Platos baratos y fáciles que engancharán tanto a los cocinillas como a quienes no han tocado una cazuela en su vida.

Todas las recetas pueden elaborarse en casa y están escritas «para torpes», «para zotes» o «para organismos unineuronales». Incluye comidas «posalcohólicas» y trucos para «expoliar a la familia», ser «pija por un día», «humillar a tus compañeros con el tupper» o «engañar sirviendo sobras»... En definitiva, un libro para tomarse la cocina con alegría y, al mismo tiempo, saborear buenos y sencillos platos. Para disfrutar, que es a lo que hemos venido a este mundo.

Lee Las recetas de *El Comidista* y comprobarás que este NO es otro libro de Cocina.

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