



# Going Vertical: The Life of an Extreme Kayaker

*Tao Berman*

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## **Going Vertical: The Life of an Extreme Kayaker** Tao Berman

Running wild in the mountains of eastern Washington as a child, extreme kayaker and entrepreneur Tao Berman continues to run wild through the record books and life. A world-record waterfall-drop holder since his 98.4-foot kayak flight off of Upper Johnston Falls in Banff National Forest, Berman exemplifies his philosophy of "I'd rather die than lose" in both his experiences as a super athlete and his work as a successful businessman. *Going Vertical* is a parallel narrative of triumph in both areas, bringing readers along for the ride as the author pushes the limits of possibility. In chapters such as "The Tao of Marketing" and "The Tao of Risk," he translates the wisdom he's gained performing extreme sports to the dialect of the business world. *Going Vertical* guides readers into rarely glimpsed realms of achievement and shows by example how to attain the mindset to master them.

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Playing with family in a park, coming to see the water world or hanging out with pals is a thing that usually you may have done when you have spare time, subsequently why you don't try a factor that is really opposite from that. Just one activity that makes you not experience tired but still relaxing, thrilling like on a roller coaster you have been riding on and with addition associated with. Even you love *Going Vertical: The Life of an Extreme Kayaker*, you can enjoy both. It is a very good combination, right, you still want to miss it? What kind of hang-out type is it? Oh, can occur its mind hangout fellows. What? Still don't buy it, oh come on its identified as reading friends.

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