



Terapia manual en el tratamiento de las alteraciones musculoesqueléticas de la región cervical (Spanish Edition)

Joseph E. Muscolino

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Título que ayuda a los estudiantes a desarrollar las habilidades avanzadas necesarias para tratar manualmente el cuello. Forma parte de la serie In Touch, y pretende ser una guía completa para el tratamiento del cuello tanto para estudiantes como para fisioterapeutas que aplican terapias manuales. La primera parte del libro comienza con una descripción de la anatomía y la fisiología del cuello, las situaciones patológicas comunes y la evaluación. La segunda parte expone una variedad de tratamientos probados y comprobados. Ofrece, asimismo, consejos de autocuidado, tanto para el paciente como para el profesional.

Es ideal para estudiantes y para profesionales, para aprender y ampliar conocimientos con base en las nuevas técnicas de tratamiento que hoy más se utilizan y recomiendan.

Características clave

- Las diferentes técnicas descritas en el texto combinan las imágenes con explicaciones detalladas para guiar a los lectores

- Vídeos que muestran estas técnicas en acción

- Contiene recursos adicionales para profesores

Cada capítulo contiene:

- Objetivos, términos clave y preguntas de revisión

- Aplicaciones prácticas con las rutinas de tratamiento

- Consejos para profundizar en las técnicas tratamiento

- Estudio de casos.

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