



Gluten-Free Italian: Over 150 Irresistible Recipes without Wheat--from Crostini to Tiramisu

Jacqueline Mallorca

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From the author of the *Wheat-Free Cook*, selected by Sara Moulton on *Good Morning America* as one of the top ten cookbooks of 2007, *Gluten-Free Italian* charts new territory.

Many of Italy's best-loved foods—from ravioli to tiramisu—contain wheat flour, so they've been off limits to the gluten-intolerant. Until now. Jacqueline Mallorca creates gluten-free surprises like fresh pasta, rustic breads, delicious vegetable *contorni* (side dishes) that double as appetizers, and sensational regional desserts. Mallorca's easy-to-follow recipes make using fresh ingredients an inviting prospect.

Gluten-Free Italian also includes a shopping guide, cooking tips, Italian pantry staples, a glossary of alternative grains and flours, mail-order sources, and celiac resources.

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