



The Winners Manual: For the Game of Life

Jim Tressel

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The Winners Manual: For the Game of Life shares Ohio State football coach Jim Tressel's "Big Ten" fundamentals for success: Attitude, Discipline, Faith, Handling Adversity & Success, Excellence, Love, Toughness, Responsibility, Team, and Hope. Peppered with personal stories from Coach Tressel's storied coaching career, this book shares the fundamental lessons that he has been imparting to his players and coaching staffs for the past 20 years. A perfect blend of football stories, spiritual insights, motivational reading, and practical application, The Winners Manual provides an inside look at the core philosophy that has positively impacted the lives of thousands of student athletes and served as the foundation for two of the most successful college football programs of all time. Includes 8 pages of color photos and a foreword from *NYT* best-selling author John Maxwell. All of the proceeds from the book are being donated directly to the William Oxley Thompson Memorial Library Renovation Campaign.

Other features:

- Each chapter closes with a practical application section, where readers will be "coached" on how they can apply the lessons imparted throughout the book to their own lives, via the establishment of measurable goals.
- Provides a rare inside glimpse into the mind of one of the most respected coaches in college football history and into the huddle of one of the most successful football programs of all time.
- Filled with hundreds of inspirational stories, quotes and anecdotes.



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