



# Am I Married to a Narcissist?: Understanding the everyday behaviors of spouses with Narcissistic Personality Disorder

*Marie Tomas*

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Wondering whether you're married to a Narcissist?

Once upon a time, you met your soulmate. They swept you off your feet with grand, romantic gestures. You had everything in common. You couldn't believe your luck—you'd finally met The One.

Fast-forward to now.

You're walking on eggshells around this person, never sure what innocent comment or conversation is going to set them off.

You no longer have any say in your life.

Your spouse doesn't trust you to make even the smallest decisions.

You're no longer sure what's true and what's not.

You're mocked and belittled for wanting intimacy—emotional and physical—from your spouse.

You tried therapy and couples counseling, but it didn't work.

What happened to your soulmate? You fell in love with a Narcissist, that's what happened.

It's hard for people who haven't experienced life with a true Narcissist to understand the devastation they wreak in marriages and relationships. A true Narcissist can charm the pants off anyone—even trained mental health professionals.

This ebook will help you quickly evaluate whether your spouse or romantic partner suffers from Narcissistic Personality Disorder (NPD). More than just a primer on the clinical traits of NPD, *Am I Married to a Narcissist?* shows you how those well-known characteristics translate into the everyday behaviors that confuse, hurt and stymie those of us involved with a Narcissist.

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