



Tales for Coaching: Using Stories and Metaphors with Individuals and Small Groups

Margaret Parkin

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Coaching is rapidly proving to be an invaluable aid to personal development and a successful way to enhance performance within organizations of all types. More and more people are also discovering how to use storytelling to bring about change and reinforce learning. Tales for Coaching combines these two approaches into a powerful and effective technique to assist personal change.

Showing you how and when to use stories to maximum effect, whether you are coaching an individual or a group, the author demonstrates how your coaching can have greater impact with the effective use of storytelling. Complete with sample stories that can be read aloud in a variety of coaching situations, Tales for Coaching includes 50 tales that will immediately help coaches, trainers, managers and educators to reinforce key messages or stimulate fresh thinking.

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