



BeYOUtiful! The Ultimate Girl's and Young Woman's Guide to Discovering Your True Beauty, Gaining a Higher Self-Confidence and Developing Personal Success in All Areas of Your Life!

Julie Marie Carrier

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A must-have book for tweens, teens, young women and gals of all ages!

While many girls learn beauty secrets to trendy clothes, shiny lip gloss and sparkly accessories, many have never been given the beauty secrets that matter most--true beauty secrets to help them sparkle and shine from the inside out!

This is what BeYOUtiful is all about! Considered a best new resource for girls and young women on success and self-esteem (and those who support them), BeYOUtiful! is being called a big sister in a book; by youth-serving professionals, parents, and girls alike! In this practical how-to guide, Julie Marie Carrier-a top youth speaker, positive youth development expert, and teen success coach for MTV's #1 ranked positive goal setting TV show, MADE-guides girls through an interactive personal journey to live life to the fullest! From body image and confidence makeovers to true-to-you friendship foundations and must-have accessories for success and self-respect, Julie helps girls to define what it means to be truly beautiful--BeYOUtiful! It's not just a look; it's a way to live!

This book is an ideal support resource for girls activities, girl scout troops, girls conferences, girls events, girls programs, mother-daughter events and even Sorority events.



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