



Handbook of Remotivation Therapy (Haworth Handbook Series in Psychotherapy)

L., Michael Stotts, Jean Dyer

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Finally—a resource that describes the “how,” “when,” and “with whom” of remotivation therapy!

In recent years, remotivation therapy has become an integral part of a patient care plan in a wide variety of settings. What started out as group therapy sessions in a psychiatric setting has expanded into a therapeutic modality effective in geriatric long-term and day care settings, social clubs, group homes for people who were formerly institutionalized, substance abuse centers, prisons, and most recently, in facilities that provide programs for patients with Alzheimer’s or Huntington’s disease. This book examines remotivation therapy in diverse settings that include volunteer and independent living programs, an area health education center, and a state mental hospital. You’ll also find the results of studies conducted in more than a dozen settings with widely varied client populations.

The Handbook of Remotivation Therapy will familiarize you with:


- the role of the therapist in both basic and advanced remotivation therapy—step-by-step instructions on what (and what *not*) to do
- questions and concepts to use in remotivation sessions, dealing with choices, realistic scenarios, reminiscing, and stimulation
- funding options for remotivation therapy programs
- the positive public relations impact for institutions that utilize remotivation therapy programs
- designing and assembling a collaborative team to provide remotivation therapy
- the fifty-year history of remotivation therapy—from its birth as the brainchild of Dorothy Hoskins Smith, to its initial clinical use at Philadelphia State Hospital, to the pioneering work of Walter F. Pullinger, Jr., and the roles of the Smith, Kline, and French Foundation and the National Remotivation Therapy Organization (NRTTO)

In the Handbook of Remotivation Therapy, you’ll find chapters that thoughtfully explore the specifics of this type of group work:

- in rehabilitative settings, correctional institutions, nursing care facilities, mental health hospitals, and in long-term care settings
- in substance abuse prevention, treatment, and relapse prevention
- in conjunction with recreation therapy
- with deinstitutionalized clients
- with persons who have Huntington’s disease
- with persons who have Alzheimer’s disease

Remotivation therapy deals with the strengths, rather than weaknesses, of the client, and can be performed by any trained health professional, social worker, relative, or technician. It saves time and money for mental health professionals with heavy caseloads by preparing noncommunicative clients for more advanced types of therapy. The Handbook of Remotivation Therapy can help you add this results-based and extraordinarily cost-effective group treatment modality to your therapeutic arsenal.

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