



Suppen machen glücklich (Einfach gut leben) (German Edition)

Martina Schurich

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Es enthält mehr als 90 köstliche Rezepte für alle Lebenslagen und Stimmungen - Suppen für den großen Hunger, Suppen für allein daheim, Suppen zum Gesunden, Suppen für Familie und Freunde, Suppen für das Fernweh.

Die Autorin und Gastrosophin Martina Schurich liefert alle wichtigen Informationen dazu, "was eine gute Suppe ausmacht", zu Brühen, sättigenden Ein- und Beilagen, Kräutern und Gewürzen.

Wie gut Geschmack, Genuss und bewusste Natürlichkeit mit einfacher und schneller Zubereitung zusammengehen, beweist die Autorin in ihren vielen persönlichen Lieblingsrezepten und den originellen Kompositionen immer wieder aufs Neue. Das garantiert Suppengenuss pur!

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