



Handbook of Multicultural Mental Health:

Chapter 19. The Assessment, Diagnosis, and Treatment of Mental Disorders among Muslims

Farah A. Ibrahim, Jianna R. Heuer

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This chapter addresses cultural and religious assessment, along with trauma assessment to help diagnose and develop psychological interventions for Muslim clients. First, a profile of Muslims in the West is presented, along with the cultural variables that mediate adjustment, identity development, and acculturation in a host culture. Specific attention is given to cultural identity, worldview, beliefs, values, assumptions, acculturation, religious identity, and trauma assessment.



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