



Risk and Resilience in U.S. Military Families

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War related separations challenge military families in many ways. The worry and uncertainty associated with absent family members exacerbates the challenges of personal, social, and economic resources on the home front. U.S. military operations in Iraq and Afghanistan have sent a million service personnel from the U.S. alone into conflict areas leaving millions of spouses, children and others in stressful circumstances. This is not a new situation for military families, but it has taken a toll of magnified proportions in recent times. In addition, medical advances have prolonged the life of those who might have died of injuries. As a result, more families are caring for those who have experienced amputation, traumatic brain injury, and profound psychological wounds. The Department of Defence has launched unprecedented efforts to support service members and families before, during, and after deployment in all locations of the country as well as in remote locations. Stress in U.S. Military Families brings together an interdisciplinary group of experts from the military to the medical to examine the issues of this critical problem. Its goal is to review the factors that contribute to stress in military families and to point toward strategies and policies that can help. Covering the major topics of parenting, marital functioning, and the stress of medical care, and including a special chapter on single service members, it serves as a comprehensive guide for those who will intervene in these problems and for those undertaking their research.

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