



Lebanese Home Cooking: Simple, Delicious, Mostly Vegetarian Recipes from the Founder of Beirut's Souk El Tayeb Market

Kamal Mouzawak

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Straight from the eastern shores of the Mediterranean, chef and creator of the first farmers' market in Beirut, Kamal Mouzawak brings you healthy and inspiring dishes, featuring classic Lebanese ingredients.

From one of the region's most rich and diverse cultures, learn to make food, not war. Lebanese Home Cooking is a mouthwatering cookbook that teaches traditional Lebanese home cooking with regional and religious variation. You won't find these authentic recipes in many Middle-Eastern restaurants! With over 50 gorgeous recipes including kebbeh, mehsheh, tabikh, mujadara, and mouaa'janat, you'll have amazing and exciting homecooked meals in no time.

"To me, the Souk is the epitome of what it means to 'have guts'. Despite bombings and unrest in their city, the market continues to not just function, but to flourish - celebrating culture, cuisine and agriculture. It's very existence is as an act of resistance against sectarian violence." - Rene Redzepi "Lebanese culture served on a plate." CNN

"If I was surprised, it was at what Kamal is doing at Souk el Tayeb, bringing cooks from different social, political and regional sectors." - Chef Anthony Bourdain



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From reader reviews:

Gary Rose:

Playing with family within a park, coming to see the sea world or hanging out with good friends is thing that usually you will have done when you have spare time, after that why you don't try issue that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Lebanese Home Cooking: Simple, Delicious, Mostly Vegetarian Recipes from the Founder of Beirut's Souk El Tayeb Market, it is possible to enjoy both. It is very good combination right, you still would like to miss it? What kind of hangout type is it? Oh come on its mind hangout fellas. What? Still don't buy it, oh come on its known as reading friends.

Erwin Fast:

Lebanese Home Cooking: Simple, Delicious, Mostly Vegetarian Recipes from the Founder of Beirut's Souk El Tayeb Market can be one of your starter books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that may increase your knowledge in words, easy to understand, bit entertaining but delivering the information. The article writer giving his/her effort to set every word into satisfaction arrangement in writing Lebanese Home Cooking: Simple, Delicious, Mostly Vegetarian Recipes from the Founder of Beirut's Souk El Tayeb Market although doesn't forget the main place, giving the reader the hottest along with based confirm resource info that maybe you can be considered one of it. This great information can easily drawn you into completely new stage of crucial considering.

Randall James:

The book untitled Lebanese Home Cooking: Simple, Delicious, Mostly Vegetarian Recipes from the Founder of Beirut's Souk El Tayeb Market contain a lot of information on that. The writer explains her idea with easy means. The language is very clear to see all the people, so do definitely not worry, you can easy to read it. The book was authored by famous author. The author will bring you in the new period of literary works. You can read this book because you can read more your smart phone, or device, so you can read the book inside anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site in addition to order it. Have a nice study.

David Fulton:

Within this era which is the greater man or woman or who has ability to do something more are more precious than other. Do you want to become considered one of it? It is just simple method to have that. What you should do is just spending your time very little but quite enough to possess a look at some books. One of the books in the top list in your reading list will be Lebanese Home Cooking: Simple, Delicious, Mostly Vegetarian Recipes from the Founder of Beirut's Souk El Tayeb Market. This book and that is qualified as The Hungry Mountains can get you closer in becoming precious person. By looking upwards and review this guide you can get many advantages.

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