



Polysomnography for the Sleep Technologist: Instrumentation, Monitoring, and Related Procedures

Bonnie Robertson, Buddy Marshall, Margaret-Ann Carno

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The only sleep technology text written by experienced polysomnography educators, **Polysomnography for the Sleep Technologist: Instrumentation, Monitoring, and Related Procedures** covers the procedural knowledge you need to understand sleep studies. A sequential learning model systematically covers electronics, instrumentation, recording parameters, data acquisition, ancillary equipment, troubleshooting, recording quality, infection control, basic positive pressure therapy, and cardiopulmonary monitoring and intervention essential to polysomnography.

- **In-depth discussions of polysomnographic technology** in the clinical evaluation, physiological monitoring and testing, instrumentation, diagnosis, infection control, management and prevention of a wide spectrum of sleep-related disorders and daytime alertness offers comprehensive coverage of polysomnography technology.
- **Expert content written by the same authors who were instrumental in producing a standardized model curriculum outline.**
- **Unique sequential approach builds concepts over time and simplifies the material's complexity.**
- **Over 150 full-color graphs, charts, and illustrations supply visual guidance.**
- **End-of-chapter review questions help you assess your knowledge and prepare for certification as a sleep technologist.**
- **Chapter outlines, learning objectives, key terms and a bulleted chapter summary supplies a standard format to help you identify and focus on key content.**

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