



# Holistic Energy Magic: Charms & Techniques for Creating a Magical Life

*Tess Whitehurst*

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# Holistic Energy Magic: Charms & Techniques for Creating a Magical Life

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## **Holistic Energy Magic: Charms & Techniques for Creating a Magical Life** Tess Whitehurst

You are a magical being! Access your natural abilities to create positive change and manifest success in every area of your life. Interweaving both ancient and modern spiritual techniques in a uniquely accessible way, this book will help you transform your personal challenges into beautiful opportunities for growth, expansion, and new understanding.

*Holistic Energy Magic* provides instructions for tool-free magic and important insights into the foundations of personal power: intention, visualization, symbolic action, grateful expectation, and alignment with All That Is. In this exceptionally empowering book, you'll learn how to:

- Cultivate and deepen your relationship with the five elements
- Develop your invisible magical toolbox
- Create an energetic palette of color, light, crystals, flowers, and sounds
- Develop working relationships with angels, ancestors, animals, and other allies
- Interpret symbols and dreams for a deeper alignment with All That Is

Complete

with a spellbook of charms and invocations for protection, serenity, love, and prosperity, this book shares the precious secrets of attuning your life to the frequency of your truest and most authentic desires.

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