



# Global Kitchen: Vegetarian Favorites from the Expanding Light Yoga Retreat

*Diksha McCord*

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# Global Kitchen: Vegetarian Favorites from the Expanding Light Yoga Retreat

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**Global Kitchen: Vegetarian Favorites from the Expanding Light Yoga Retreat** Diksha McCord  
Delicious, easy-to-prepare recipes for low-fat, non-dairy vegetarian meals.

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