



# **The Vertical Self: How Biblical Faith Can Help Us Discover Who We Are in An Age of Self Obsession**

*Mark Sayers*

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## **The Vertical Self: How Biblical Faith Can Help Us Discover Who We Are in An Age of Self Obsession**

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**It's time for a return to Radical Holiness.**

Welcome to the 21st century where you can now purchase and exchange personalities, depending on mood and circumstance; where you are told that you can be anyone you want to be, and identity is no longer based in a sense of self but rather in the imagery you choose at that moment.

The Bible contains a radically different way of understanding our identity. The path that God has chosen for us to discover who we really are is the path of holiness. The most exciting thing is that this path is not for otherworldly saints, rather it is a path of earthy, gutsy holiness. It's a path that is not about basing your life on this world or of shunning your desires. Instead, it is about bringing your hopes, your dreams, your brokenness, your desires, your humanness under the Lordship of Christ. By doing this we don't just discover a new way of living out our faith, we discover a liberating, revolutionary, life-embracing way of being truly human.



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